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Integrated Redesign for a

Successful Longevity Society and Economy



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Asia's Demographic Realities

- Asian cities are all aging - at **different levels of income and institutional capacity** to cope
- Singapore is already super aged now, **one in four aged 65 or above by 2030**, and **one in three by 2050**
- Longer lives increase healthcare burden, and reshape labor supply, household finances and demand for care, housing and everyday services
- Improvements in healthcare can lead to longer lives without sustaining better health, independence and purpose
- An integrated response connects **health, economic, social and urban systems**

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Singapore's Integrated Policy Framework

- **Ministerial Committee on Aging** coordinates agencies across policy domains
- 2023 Action Plan for Successful Aging sets the shared agenda of **Care, Contribution and Connectedness**
- **Healthier SG and Age Well SG** connect prevention and community support with daily living environments
- Employment, learning and financial assurance policies support participation in **purposeful productive activities throughout longer lives**
- Research institutions, industry, government and community partnerships help translate policy into **evidence-based sustainable practice**

Healthier SG: Investing in Preventive Health

- Part of MOH's **Population-Precision-Preventive Health Strategy**
- Residents enroll with **family doctor** to develop **personalized health plan** - screening, vaccination and chronic-care subsidies at population level for preventive care
  - **Annual service fees** support family doctors in maintaining preventive and chronic care
  - **Community referrals (social prescription)** of exercise and healthier daily routines
  - **Digital tools** for ongoing remote and intertemporal vital signs monitoring
- Baseline and progression data on residents at population and individual levels as basis for precision healthcare, and eventually **precision preventive health** guided by omics







Age Well SG: Elderly Independence, Aging-in-Place

- **MOH, MND and MOT** connecting service delivery and community support with housing and transport
- **Active Aging Centers** – **care, contribution, connectedness** - care for those who are mobile, and a base for social activity
- **Age Well Neighborhoods** upgrading bring enhanced services and senior-friendly infrastructure into the community, to support Ageing-in-Place (including 24/7 community-based home care services)
- **Home adaptations and safer streets** help seniors to access services and participate in community life more easily and safely
- Substantive role for **public-private-people partnership** in home care, assistive technology and accessible urban environments
- **Reducing caregiver burden** for working-age family members







Healthy Longevity: Grand Challenge Research

- Research, Innovation and Enterprise (RIE) 2030 Plan (S$37 billion over 5 years) committed **S$350 million** to ***Maximizing Healthy and Successful Longevity***
- Priorities: **brain health, physical function, socio-environmental innovations**
- National Research Foundation (NRF) and MOH envisage **public-private teams** developing and validating solutions in real care settings
- Housing design, walkability, microjobs and community participation sit alongside medical and digital innovations
- Policy task: **connect promising research with affordable, sustained adoption**

Longer Lives Need a New Lens for Learning and Work

- As of July 2026, retirement and re-employment ages now increased to **64 and 69** respectively, with re-employment subject to eligibility
- **Senior Employment Credit and Part-time Re-employment Grant** support employers offering work to seniors
- **SkillsFuture Level-Up** supports eligible Singaporeans (from aged 40 in continued learning, reskilling) – A Life Course Approach to Ageing
- **Job redesign and flexible arrangements** need to improve
- **Retirement as a license to not work 9 to 5**; and work only in areas **you care about, have experience in, and expertise**
- **Volunteering and intergenerational social participation** provide purpose and social value too







Productive Longevity: Interfacing with Silver Economy

- **Productive longevity**: enable longer, healthier and more purposeful lives, with opportunities for economic and social participation
- **Older adults contribute** as workers, entrepreneurs, caregivers and volunteers, as well as consumers
- It also creates **an income stream** that provides psychological safety for older adults to spend from their savings, with less concern about savings depletion

- **Silver Economy** needs to be developed to provide goods and services that support independence and well-being in later life
- **Silver Economy** consumption should be seen as **ongoing investment in seniors' capabilities** (supported by Govt) to both improve quality of life and create economic opportunity for others

SMU's Longevity Societies and Economies Institute

- Advocate **integrated systems redesign** approach of health-economic-social-urban
- **Research spans** older adults' productivity, consumption needs (as investment), financial protection and social/mental well-being; and that of their caregivers
- **ROSA and Singapore Life Panel** (**10 years' data, 10,000 cohort of aged ≥50**) provide a foundation for understanding older adults' changing circumstances
- **Partnerships** with public agencies, researchers, businesses and service providers
- **Innovate new approaches and measure efficacy** of integrated systems approach: evidence informs policy design and decisions about which interventions to scale

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Key Take Home Points for Asian Cities

- Importance of approaching **health, economic, social, urban** as an **integrated systems redesign** for successful longevity
- Singapore's experience points to value of **public investment paired with research, business, community partnerships**
- Adapt to **local fiscal capacity, care and community systems and employment realities**
- Longevity is about **better lives more purposefully lived**

